

Steps to STERILISATION

1. Clean Instruments

Items MUST be thoroughly scrubbed clean

Some instruments require additional cleaning using an ultrasonic cleaner or oxidising biocide





2. Dry and Package Instruments

Instruments MUST be thoroughly dried and packaged in an open position

The package MUST be properly sealed and dated

3. Sterilise in an approved bench-top steriliser

The following DO NOT sterilise:

UV cabinets, Boiling, Ultrasonic cleaners, Soaking, Pressure cookers, Disinfectants, Pasteurisation, Microwave ovens

Load steriliser correctly – DO NOT overload Keep records of each batch



Photos courtesy of: Ms Tracie Horn (Turramurra Natural Beauty) Dr Richard Janus (Clinic 238)