



Policy Title	Healthy Food and Drink Policy
Related Documentation	Healthy Food and Drink Action Plan
Relevant Legislation/Corporate Plan	Delivery Program 2017-2021 and Operational Plan 2019-2020 Healthy Food and Drink in NSW Health Facilities for Staff and Visitors Framework
Responsible Officer	Executive Manager Community Life

**Policy details may change prior to review date due to legislative changes, therefore this document is uncontrolled when printed.**

**Objectives**

To facilitate and encourage a healthy food and drink lifestyle for all staff, volunteers and the community through influencing healthier food and drink choices.

**Scope**

This policy applies to Council catered meetings and functions, Council owned facilities and events delivered by, or in partnership with Council and events requiring Council approval.

**Policy Statement**

Council will promote the importance of a healthy and balanced diet in accordance with *The Australian Guide to Healthy Eating* and the *NSW Health Food and Drink Framework* and in accordance with the *Delivery Program 2017-2021* and *Operational Plan 2019-2020* by:

**Demonstrating healthy food and drink choices at Council catered meetings and functions**

- Council will demonstrate best practice by increasing healthy food and drink choices for all Council catered meetings and functions by aiming for 75% everyday food and drink options and no more than 25% are occasional food and drink options.

**Promoting and encouraging healthy food and drink choices at Council owned facilities and events delivered by, in partnership with Council or requiring Council approval**

- Council will encourage, promote and support increased healthy food and drink choices at Council owned facilities and events delivered by, or in partnership with Council.
- Council will encourage community and commercial event organisers to increase the availability and prominence of healthy food and drink choices at events requiring Council approval.

**Providing clear healthy food and drink guidelines to increase the availability and awareness of healthy food and drink choices.**

- Council will develop and implement Healthy Food and Drink Guidelines to support the Healthy Food and Drink Policy.

**DATA AND DOCUMENT CONTROL**

**Division:** City Lifestyles  
**Section:** Community Life  
**DocSet:** 6905247

**Adopted Date:** 14/04/20  
**Revised Date:** 12/05/20  
**Minute Number:** 055  
**Review Date:** 30/06/23

- Council will engage and work cooperatively with staff, volunteers and the community in the development and implementation of initiatives related to the availability and promotion of healthy food and drink options.
- Council will work with other levels of government to ensure that initiatives related to the availability and promotion of healthy food and drink are planned, funded and delivered in a coordinated and cost effective manner.

## END OF POLICY STATEMENT

### DOCUMENT HISTORY AND VERSION CONTROL RECORD

#### Contact for enquiries and proposed changes

<b>Name</b>	Jenny Franke
<b>Position/Section</b>	Director City Lifestyles

Version Number	Revised Date	Authorised Officer	Amendment Details
1.0			

DATA AND DOCUMENT CONTROL		
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