FREQUENTLY ASKED QUESTIONS

When are swimming lessons?

We offer a year round swimming program which operates 7 days per week. We run all year, with a four week break over the Christmas and New Year period.

To help boost individual swimming abilities, we also offer Intensive Programs during the school holidays.

How to enrol?

To enrol into a beginner level, scan the qr code here

For more experienced swimmers, contact our Customer Service Team at the relevant Leisure Centre and they will book you in to an assessment class.



Our swim school operates on a 4 weekly direct debit cycle.
First Family Member enrolment \$21 per lesson
Second Family Member enrolment \$19 per lesson
Third & subsequent child enrolment \$17 per lesson

What to bring?

- A towel
- A change of clothes
- Goggles (recommended, not compulsory)
- A swim cap (recommended, not compulsory)

What to wear?

- Swimwear
- Babies and children that are not toilet trained must wear swim nappies and ensure regular toilet breaks.

Swimwear, rash shirts, approved swim nappies, goggles and swim caps can be purchased at our centres.

What if I can't make my lesson?

Students have access to two make up lessons per quarter. Make up lessons are subject to availability and not always guaranteed. Make up lessons expire each quarter. Customers must notify absence, via email to the relevant Leisure Centre, prior to the commencement of their class.

Cancellations & Suspensions

Customers must notify cancellations, via email, to the relevant Leisure Centre 5 days prior to their scheduled debit. Late notification will not result in refunds. Customers can request to suspend their membership for a maximum of four weeks per calendar year. Suspensions must be in writing, via email, to the relevant Leisure Centre.

GORDON FETTERPLACE AOUATIC CENTRE

The Parkway, Bradbury

Ph: 4645 4040

E: gfac@campbelltown.nsw.gov.au

Monday to Friday: 5.30am to 8pm

Saturday: 7.30am to 5pm (winter 3pm)
Sunday: 7.30am to 5pm (winter 3pm)
Public Holidays: 9.30am to 5pm (winter 3pm)

EAGLE VALE CENTRAL

Emerald Drive, Eagle Vale

Ph: 4645 4255

E: evc@campbelltown.nsw.gov.au

Monday to Friday: 6am to 9pm

Saturday: 7.30am to 5pm (winter 3pm)
Sunday: 7.30am to 5pm (winter 3pm)
Public Holidays: 9.30am to 5pm (winter 3pm)

MACOUARIE FIELDS LEISURE CENTRE

Fields Road, Macquarie Fields

Ph: 4645 4030

E: mflc@campbelltown.nsw.gov.au

Monday to Friday: 6am to 8pm

Saturday: 7.30am to 5pm (winter 3pm)
Sunday: 7.30am to 5pm (winter 3pm)
Public Holidays: 9.30am to 5pm (winter 3pm)

Summer Hours October - March **Winter Hours** April - September



CAMPBELLTOWNACTIVE





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LEARN TO SWIM 2024/25



PARENT & BABIES PROGRAM

CLAM

6 months to 12 months - Duration 30 minutes

In this class, parents engage with their children in water familiarisation skiils, building a relationship with the water and basic swimming skills through games, songs and activities.



Children progressing from this level move to Tadpole.

TADPOLE

12 months to 24 months - Duration 30 minutes

In this class, parents play an important role in developing their child's skills in the water. Water familiarisation and basic skills are learned through games, songs and activities.



Children progressing from this level move to Lobster.

BEGINNER PROGRAM

Beginner levels are designed to cater to those who are new to lessons and have not yet mastered the foundational skills of swimming: water familiarisation, buoyancy and water mobility.

FROG

2 years to 5 years - Duration 30 minutes

This level aims at building water familiarisation and basic skills for pre-school aged beginners. In this class the instructor take the children through various swimming based activities and games aimed at building their confidence in the water and developing basic swimming skills.



Children progressing from this level move to Lobster.

OCTOPUS

5 years to 10 years - Duration 30 minutes

This level is designed to cater to the school aged beginner. Swimmers will engage with others within their age group where water familisation and basic swimming skills are taught through various activities designed with the swimmers age in mind.



Children progressing from this level move to Swordfish.

YOUTH

11 years to 15 years - Duration 30 minutes

This class is for beginner students ranging from ages 11-15 years that are not yet confident in the water or are still needing to refine their basic water skills before re-entering the mainstream program.



DEVELOPMENT PROGRAM

Development levels build on learnt floatation and basic movement skills to progress each swimmer through the 4 main strokes of Freestyle, Backstroke, Breaststroke and Butterfly. The development levels also build each swimmer's water based confidence, strength and endurance, as well as focusing on skill appropriate water safety.

LOBSTER

Duration 30 minutes

This class is for the water confident child who can demonstrate basic swimming skills and floatation. Children in Lobsters will learn the basic motions of freestyle and refine basic water safety skills.



Children progressing from this level move to Swordfish.

SWORDFISH

Duration 30 minutes

In this level children will work on developing their freestyle skills focusing on correct technique. Children in Swordfish will learn the basic motions of backstroke and shallow diving. Children will refine basic water safety skills.



Children progressing from this level move to Seal.

SFA

Duration 30 minutes

In this class children will work on refining their freestyle and backstroke skills with a focus on correct technique. Children in Seals will learn the basic movements of the breatstroke leg action as well as learning the correct technique for shallow diving. Children will learn water safety skills appropriate to their swimming ability and



Children progressing from this level move to Stingray.

STINGRAY

Duration 30 minutes

Children in this class will further their capabilties with freestyle and backstroke with an emphasis on correct technique. Children in this level will also learn the basic motions of breaststroke and practice use of the pace clock. This level will also focus on diving techniques and water safety skills.



Children progressing from this level move to Whale.

WHALE

Duration 30 minutes

This class focuses on improving the swimmers capabilities with freestyle, backstroke and breaststroke. Swimmers will learn techniques to improve their diving skills, turns and use of a pace clock. This class will reinforce water safety skills appropriate to the swimmers age and ability.



Children progressing from this level move to Shark.

SHARK

Duration 30 minutes

This is the final level within the swim school. In this level swimmers endurance levels are challenged in preparation for squad whilst maintaining a focus on stroke technique. In this level swimmers will refine competitive swimming essentials inclusive of pace clock reading, turns and dives. Water safety skills till remain a focal point in this level to assist swimmers in responding to an aquatic incident.

